



**Toute France, 4^{ème} Course des Confinés Solidaires, 4 km en solo
2 mai 2020, 451 classés**

| Place | Temps | Nom, Prénom | Ctg | Pl.Ctg | Club | Pl.Sexe |
|-------|----------|----------------------------|-----|--------|-------------------------|---------|
| 1 | 00:12:16 | MOREIRA ARNO | SEM | --- | TEAM MARATHONIACK | 1 / 252 |
| 26 | 00:14:50 | REBEYROL INGRID | M2F | --- | CEF MARATHONIEN | 1 / 199 |
| 43 | 00:15:34 | DELANOUE SOARES DIAS TANIA | SEF | 1 | SPEEDY CLUB DE PROVENCE | 6 |
| 102 | 00:18:02 | BAHAT ABBES | M4M | 12 | SPEEDY | 87 |
| 224 | 00:21:25 | CROGUENNEC ALEXANDRE | M2M | 24 | SPEEDY | 154 |

**Toute France, MC Sports confinés, course à pied 30mn, en solo
2 mai 2020, course solidaire**

Participation de Tania en course à pied (en intérieur)

Participation de Laurence sur les 3 épreuves de 30mn proposées

Natation, vélo, course, en extérieur. Son triathlon solidaire en somme. Bravo Laurence

**Toute France, 5^{ème} Course des Confinés Solidaires, 4 km en solo
9 mai 2020, 302 classés**

| Place | Temps | Nom, Prénom | Ctg | Pl.Ctg | Club | Pl.Sexe |
|-------|----------|----------------------------|-----|--------|-------------------------|---------|
| 1 | 00:12:17 | MOREIRA ARNO | SEM | --- | TEAM MARATHONIACK | 1 / 175 |
| 19 | 00:14:44 | COUDRAY ALEXIA | M0F | --- | TEAM TRAIL CIMALP | 1 / 127 |
| 24 | 00:15:03 | DELANOUE SOARES DIAS TANIA | SEF | 1 | SPEEDY CLUB DE PROVENCE | 3 |
| 74 | 00:17:58 | BAHAT ABBES | M4M | 11 | SPEEDY | 62 |
| 104 | 00:18:58 | CROGUENNEC ALEXANDRE | M2M | 11 | SPEEDY | 81 |

**Toute France, 6^{ème} Course des Confinés Solidaires, 4 km en solo
16 mai 2020, 220 classés**

| Place | Temps | Nom, Prénom | Ctg | Pl.Ctg | Club | Pl.Sexe |
|-------|----------|----------------------------|-----|--------|-------------------------|---------|
| 1 | 00:12:19 | MOREIRA ARNO | SEM | --- | TEAM MARATHONIACK | 1 / 139 |
| 17 | 00:14:53 | REBEYROL INGRID | M2F | --- | CEF MARATHONIEN | 1 / 81 |
| 28 | 00:15:59 | DELANOUE SOARES DIAS TANIA | SEF | 1 | SPEEDY CLUB DE PROVENCE | 2 |
| 65 | 00:17:50 | BAHAT ABBES | M4M | 5 | SPEEDY | 58 |
| 78 | 00:18:18 | CROGUENNEC ALEXANDRE | M2M | 10 | SPEEDY | 68 |

**Toute France, 1^{ère} Course des déconfinés libérés, 10 km
23 mai 2020, 101 classés**

| Place | Temps | Nom, Prénom | Ctg | Pl.Ctg | Club | Pl.Sexe |
|-------|----------|----------------------------|-----|--------|-------------------------|---------|
| 1 | 00:34:19 | HOT YOHAN | SEM | --- | VITROLLES SPORT ATHLE | 1 / 55 |
| 20 | 00:47:31 | PINOT VALERIE | M2F | --- | FOS OLYMPIQUE | 1 / 46 |
| 42 | 00:54:47 | DELANOUE SOARES DIAS TANIA | SEF | 1 | SPEEDY CLUB DE PROVENCE | 12 |

Foulée Venelloise virtuelle et solidaire, 3 et 6 km
30 mai 2020

• **course 3 km, 43 classés**

| Place | Temps | Nom, Prénom | Ctg | Pl.Ctg | Club | Pl.Sexe |
|-------|----------|----------------------------|-----|--------|-------------------------|---------|
| 1 | 00:09:58 | DESANTO DANIEL | M3M | --- | | 1 / 20 |
| 6 | 00:12:23 | GONZALES | M4F | --- | CE STMICROELECTRONICS | 1 / 23 |
| 3 | 00:11:52 | FERRANDO JEAN-CLAUDE | M3M | 2 | SPEEDY CLUB DE PROVENCE | 3 |
| 4 | 00:11:56 | PELLEGRIN MICHEL | M4M | 1 | | 4 |
| 10 | 00:13:08 | BY EVELYNE | M3F | 1 | P | 3 |
| 11 | 00:13:31 | CROGUENNEC ALEXANDRE | M2M | 2 | | 8 |
| 12 | 00:13:39 | FAURE RENÉ | M7M | 1 | E | 9 |
| 13 | 00:13:43 | GOUVERNAIRE YSEULT | M2F | 2 | | 4 |
| 14 | 00:13:58 | DELANOUE-SOARES-DIAS TANIA | SEF | 1 | E | 5 |
| 16 | 00:14:29 | EVESQUE MICHEL | M5M | 1 | | 10 |
| 17 | 00:14:41 | LEGER FRANÇOISE | M5F | 1 | D | 7 |
| 18 | 00:14:45 | ROUSSON CATHERINE | M4F | 2 | | 8 |
| 20 | 00:14:49 | BAIER CHRISTIAN | M7M | 2 | S Y | 12 |
| 21 | 00:14:50 | MERU JEAN-CLAUDE | M4M | 2 | | 13 |
| 24 | 00:14:58 | VISSEAUX GUYLAINE | M4F | 3 | P | 9 |
| 26 | 00:15:16 | FABRE ALICE | M2F | 3 | | 10 |
| 30 | 00:15:53 | ROLLANDIN ELSA | M3F | 2 | E | 12 |
| 31 | 00:16:09 | GAZET DOMINIQUE | M4F | 4 | | 13 |
| 32 | 00:16:50 | BULGARELLI CAROLINE | M2F | 4 | E | 14 |
| 33 | 00:17:20 | BONNET CECILE | M0F | 1 | | 15 |
| 35 | 00:18:28 | DAHERON MARIE-THE | M5F | 2 | D | 17 |
| 36 | 00:18:45 | GARCIA CAROLINE | M3F | 3 | | 18 |
| 37 | 00:19:50 | CARBONEL SANDRA | M2F | 5 | Y | 19 |

Ont également participé : VOJTA Aline en 11'42" 1^{ère} ESF / GASSEND Pauline en 17'58" 2^{ème} M1F / CHAMPEAUX Christiane en 21'41" 1^{ère} M7F

• **course 6 km, 67 classés**

| Place | Temps | Nom, Prénom | Ctg | Pl.Ctg | Club | Pl.Sexe |
|-------|----------|----------------------|-----|--------|-------------------------|---------|
| 1 | 00:20:39 | GALLET ALEXANDRE | SEM | --- | | 1 / 33 |
| 11 | 00:28:28 | ARQUIER CAROLE | M4F | --- | SPEEDY CLUB DE PROVENCE | 1 / 34 |
| 5 | 00:25:45 | HILAIRE GREGORY | M1M | 4 | | 5 |
| 6 | 00:26:43 | BAHAT ABBES | M4M | 1 | P | 6 |
| 8 | 00:27:43 | PRIETO FABIEN | M2M | 1 | | 8 |
| 9 | 00:28:21 | GASSEND OLIVIER | M1M | 5 | E | 9 |
| 12 | 00:28:28 | ARQUIER BRUNO | M6M | 1 | | 11 |
| 17 | 00:29:34 | GAUCHERAND JEAN-MARC | M3M | 1 | E | 13 |
| 18 | 00:29:38 | CROGUENNEC ALEXANDRE | M2M | 2 | | 14 |
| 20 | 00:29:48 | BAUDESSON AUDREY | M0F | 1 | D | 5 |
| 25 | 00:30:43 | TAUTIL SABINE | M4F | 4 | | 7 |
| 26 | 00:30:57 | MATON ERIC | M5M | 2 | Y | 19 |
| 31 | 00:32:36 | MERU JEAN-CLAUDE | M4M | 3 | | 21 |

| | | | | | | |
|----|----------|---------------------|-----|---|---|----|
| 33 | 00:32:52 | SCHMIDT NICOLAS | M4M | 4 | S | 23 |
| 36 | 00:33:12 | ROBERT FRANCOISE | M6F | 1 | | 12 |
| 37 | 00:33:16 | STAELENS THIERRY | M5M | 5 | P | 25 |
| 38 | 00:33:28 | AMOUYAL ARNAUD | M1M | 7 | | 26 |
| 39 | 00:34:01 | KIROUBASSAM DIVAHAR | M1M | 8 | E | 27 |
| 40 | 00:34:09 | MAUGER HELENE | M3F | 2 | | 13 |
| 41 | 00:35:39 | BALAC BERNARD | M5M | 6 | E | 28 |
| 46 | 00:36:47 | CHATELAIN RONAN | M3M | 2 | | 31 |
| 52 | 00:38:28 | DAHERON DANIEL | M5M | 7 | D | 33 |
| 55 | 00:39:39 | ADELIN LAURENCE | M5F | 4 | | 23 |
| 57 | 00:41:00 | BENNACEUR NACERA | M4F | 6 | Y | 25 |
| 58 | 00:41:00 | AICI NABAHETTE | M0F | 3 | | 26 |

A également participé : SARRATO Michaël en 22'47" 2^{ème} au scratch

Participation à la marche 6 km : Sandrine et Maamar ainsi que leurs filles Sara et Louisa

**Toute France, 2ème Course des déconfinés libérés, 10 km
30 mai 2020, 50 classés**

| Place | Temps | Nom, Prénom | Ctg | Pl.Ctg | Club | Pl.Sexe |
|-------|----------|----------------------------|-----|--------|-------------------------|---------|
| 1 | 00:36:53 | BELKAID MEDDI | M1M | --- | ROQUE RUNNING | 1 / 28 |
| 12 | 00:49:00 | ARNOUX MARIE | M3F | --- | ANDRESY ATHLE | 1 / 22 |
| 25 | 00:57:20 | DELANOUE SOARES DIAS TANIA | SEF | 1 | SPEEDY CLUB DE PROVENCE | 6 |